

Healthy Kids Club

The Maggie's Health Kids Club Pledge:

I, _____ am going to take care of my health.
(child's name)

I pledge to stay active and eat healthy fruits and veggies. I will take care of my body by brushing my teeth morning and night, washing my hands to get rid of germs, and getting enough sleep.

Maggie's Healthy Kids Club Member Signature Here

I'm excited to have fun with you.

Your new friend,

MAGGIE



www.MagnoliaHealthPlan.com