

# Maggie's Health Tips



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## Three cheers for your ears!



Did you hear something? Maybe the sound you heard was as quiet as your cat licking her paws. Or maybe it was loud, like a siren going by. Sounds are everywhere, and you have two cool parts on your body that let you hear them all: your ears!

Your ears are in charge of collecting sounds, processing them, and sending sound signals to your brain. And that's not all — your ears also help you keep your balance. So if you bend over to pick up your cat, you won't fall down.

The ear is made up of three different sections: the outer ear, the middle ear, and the inner ear. These parts all work together so you can hear and process sounds.

Your ears take care of you, so take care of them. Protect your hearing by wearing earplugs at loud music concerts and around noisy machinery, like in wood or metal shop at school. Keep the volume down on your stereo, especially if you're in the car or wearing headphones. And one last thing — don't go poking around in your ears, even with cotton swabs.

## Which things make a noise and which don't?



Hairbrush



Pizza



Bell



Guitar



Whistle



Mirror

Things that make a noise

Things that don't make a noise

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