

SUBMIT TO
Utilization Management Department
Phone: 1.866.864.1459 Fax: 1.866.694.3649



OUTPATIENT PSYCHOLOGICAL TESTING AUTHORIZATION REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER WINFORMATION

Name _____

Date of Birth _____

Patient ID # _____

Referral Source _____

PROVIDER INFORMATION

Provider Name _____

Group Name _____

Provider NPI/TIN # _____

Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

The provider must report all diagnoses being considered for this patient.

*Primary _____ R/O _____ R/O _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Danger to Self or Others (If yes, please explain)? Yes No _____

MSE Within Normal Limits (If no, please explain)? Yes No _____

WHAT ARE THE CURRENT SYMPTOMS PROMPTING THE REQUEST FOR TESTING?

- | | |
|--|--|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Self-injurious Behavior |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Eating disorder symptoms: _____ |
| <input type="checkbox"/> Withdrawn/poor social interaction | <input type="checkbox"/> Poor academic performance |
| <input type="checkbox"/> Mood instability | <input type="checkbox"/> Behavior problems at home |
| <input type="checkbox"/> Psychosis/Hallucinations | <input type="checkbox"/> Behavior problems at school |
| <input type="checkbox"/> Bizarre Behavior | <input type="checkbox"/> Inattention |
| <input type="checkbox"/> Unprovoked agitation/aggression | <input type="checkbox"/> Hyperactivity |
| | <input type="checkbox"/> Other _____ |

What is the question to be answered by testing that cannot be determined by a diagnostic interview, review of psychological/psychiatric records or collateral information? How will testing affect the care and treatment in a meaningful way?

HISTORY

Does the patient have any significant medical illnesses, history of developmental problems, head injuries or seizures?

Yes No Comments: _____

Does the patient have a family history of psychiatric disorders, behavior problems or substance use disorder?

Yes No Uncertain Comments: _____

Is there any known or suspected history of physical or sexual abuse or neglect?

Yes No Uncertain Comments: _____

If ADHD is a diagnostic rule out, please complete the following: Is the patient's presentation on intake consistent with ADHD?

Yes No

Indicate the results of Conner's or similar ADHD rating scales, if given:

Positive Negative Inconclusive N/A

If the patient is a child, please indicate the collateral information you have obtained from the school regarding cognitive/academic functioning (ie., teacher feedback, results of school standardized testing) ? _____

Date of Diagnostic Interview: _____

Has the patient had a Psychiatric Evaluation? Yes No If yes, date? _____

Previous Psychological Testing? Yes No If yes, date? _____

Basic Focus and Results _____

Current Psychotropic Medications: _____

PLEASE LIST THE TESTS PLANNED TO ANSWER THE CLINICAL QUESTION(S)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____

PLEASE INDICATE THE NUMBER OF UNITS REQUESTED TO COMPLETE TESTS:

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).

Clinician Printed Name Date

Clinician Signature Date

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