

SUBMIT TO
Utilization Management Department
Phone: 1.866.912.6285 Fax: 1.866.694.3649



OUTPATIENT TREATMENT REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER INFORMATION

Name _____

DOB _____

Member ID # _____

PROVIDER INFORMATION

Provider Name (print) _____

Provider/Agency Tax ID # _____

Provider/Agency NPI Sub Provider # _____

Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

Primary _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT).

- 1. In the last 30 days, have you/your child had problems with sleeping or feeling sad? Yes (5) No (0)
- 2. In the last 30 days, have you/your child had problems with fears and anxiety? Yes (5) No (0)
- 3. Do you/your child currently take mental health medicines as prescribed by your doctor? Yes (0) No (5)
- 4. In the last 30 days, has alcohol or drug use caused problems for you or your child? Yes (5) No (0)
- 5. In the last 30 days, have you/your child gotten in trouble with the law? Yes (5) No (0)
- 6. In the last 30 days, have you/your child actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)?
 Yes (0) No (5)
- 7. In the last 30 days, have you/your child had trouble getting along with other people including family and people out the home?
 Yes (5) No (0)
- 8. Do you/your child feel optimistic about the future? Yes (0) No (5)
- Children Only**
- 9. In the last 30 days, has your child had trouble following the rules at home or school? Yes (5) No (0)
- 10. In the last 30 days, has your child been placed in state custody (DCF criminal justice)? Yes (5) No (0)

INDICATE PREVIOUSLY RECEIVED SERVICES:

- Individual Therapy Family Therapy Group Therapy Community Support Services (H0036) Targeted Case Management
- Please indicate if the patient has been diagnosed with Autistic Spectrum Disorder and/or has had inpatient hospitalizations?
 Autistic Spectrum Disorder Inpatient Hospitalizations

Please list all current medications: If prescribed medication, is member compliant? Yes No

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

- Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

CURRENT SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity): _____				

PLEASE INDICATE HISTORICAL SYMPTOMOLOGY DATA

FUNCTIONAL IMPAIRMENT RELATED SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice: _____				
Last Date of substance use: _____									

RISK ASSESSMENT

Suicidal: None Ideation Planned Imminent Intent History of self-harming behavior

Homicidal: None Ideation Planned Imminent Intent History of self-harming behavior

Safety Plan in place? (If plan or intent indicated): Yes No

CURRENT MEASUREABLE TREATMENT GOALS

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

Behavioral Health Outpatient Services (billed as CPT codes)	FREQUENCY: How Often Seen	INTENSITY: # Units Per Visit	Requested Start Date for this Auth	Anticipated Completion Date of Service
<input type="checkbox"/> Individual Therapy				
<input type="checkbox"/> Family Therapy				
<input type="checkbox"/> Group Therapy				
Case Management (T1017)				
<input type="checkbox"/> Adult (15 minute units)				
<input type="checkbox"/> Child (15 minute units)				
Psychosocial Rehabilitation (H2030)				
<input type="checkbox"/> Adult (15 minute units)				
<input type="checkbox"/> Senior (15 minute units)				
<input type="checkbox"/> Community Support Services (H0036) (15 minute units)				
<input type="checkbox"/> Assertive Community Treatment (H0039) (15 minute units)				
<input type="checkbox"/> Day Treatment (child) (H2012) (per hour)				
<input type="checkbox"/> Wraparound Facilitation (H2021) (15 minute units)				
If you are a nonparticipating provider only, please indicate here any additional codes you are requesting an authorization for. Other code(s) requested:				
<input type="checkbox"/>				
<input type="checkbox"/>				
<input type="checkbox"/>				

PROVIDER NAME _____

DATE _____

PROVIDER SIGNATURE _____

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