



HEDIS™

Transforming the health of the community, one person at a time

3/20/2019

Agenda



- What is HEDIS™?
- Performance Measures
- Closing Care Gaps
- Pay for Performance
- Tools and Resources
- Future of HEDIS™

What is HEDIS?

H

- Healthcare Effectiveness Data and Information Set

E

- Measures Performance

D

- Allows comparison across the Managed Care Industry

I

- Best Practice
- Industry Standards of Care

S

- Provides an indicator of the quality of care that members receive

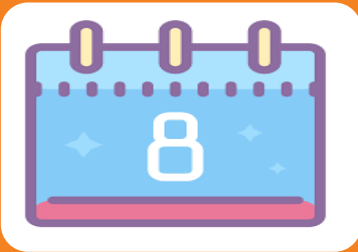


HEDIS Domains



Effectiveness of Care

- Prevention and Screening
- Respiratory/Cardiovascular/Diabetic Conditions
- Behavioral Health
- Medication Management



Access/Availability

- Prenatal and Postpartum Care
- Annual Dental Visits for Children
- Adult and Children Access to Preventive Health Services



Overuse/Appropriateness

- Appropriate Treatment for Children with Upper respiratory Infection
- Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis
- Use of Imaging Studies for Initial Diagnosis of Low Back Pain

HEDIS Rates

- HEDIS rates calculated based on data
- There are two types of data:
 - Administrative/Claims
 - CPT, CPT II, and ICD 10 codes
 - Pharmacy, lab or provider claims
 - Medical Record Review
 - Retrieve medical charts to verify documentation in the medical record



Performance Measures



Age Dependent

- Childhood immunizations complete before age 2
- Lead Screening before age 2
- Adolescent Immunizations between ages 10-13



Time Sensitive

- Postpartum Visit between 21-56 days after delivery
- Annual wellness or preventive screenings before Dec 31
- Medication fill rates



Provider Influenced

- Not prescribing antibiotics for adults with acute bronchitis
- Testing children with Pharyngitis for Strep
- Monitoring Serum Potassium and Creatinine in patients who are taking ACE/ARB or Diuretics

Performance Measures

- Preventive Measures
 - Breast Cancer Screening
 - Denominator
 - » Women 52-74 years of age
 - Numerator
 - » Mammogram anytime on or between October 1 two years prior to the measurement year and December 31 of the measurement year
 - Exclusions
 - » Documentation of Bilateral, Unilateral, Two Unilateral, Absence of left breast or Absence of right breast



Performance Measures



- Preventive Measures
 - Cervical Cancer Screening
 - Denominator
 - » Women 24-64 years of age during the measurement year
 - Numerator
 - » Cervical cytology during the year or two years prior to the measurement year
 - » Cervical cytology **and** HPV test during the measurement year or four years prior to the measurement year and were 30 years or older on the date of both test
 - Exclusions
 - » Hysterectomy with no residual cervix, cervical agenesis or acquired absence of cervix



Performance Measures



- Preventive Measures
 - Chlamydia Screening In Women
 - Denominator
 - » Women 16-24 years of age
 - » Sexually active
 - Numerator
 - » Chlamydia test during the measurement year
 - Exclusions
 - » Pregnancy test **and** prescription for Isotretinoin
 - » Pregnancy test **and** x-ray on same day or within 6 days



Performance Measures

- Preventive Measures
 - Weight Assessment and Counseling for Nutrition and Counseling for Physical Activity (WCC)
 - Denominator
 - » Children 3-17 years of age
 - Numerator
 - » BMI Percentile
 - » Counseling for Nutrition
 - » Counseling for Physical Activity



Performance Measures



- Preventive Measures
 - WCC (continued)
 - Exclusions
 - » Pregnancy
 - Medical Record Review
 - Required documentation
 - » Height, Weight, BMI percentile or BMI percentile on growth chart
 - » Checklist indicating Nutrition **and** Physical activity was discussed, documentation that member received educational materials on Nutrition **and** Physical activity during face-to-face visit, etc.



Performance Measures

- Preventive Measures
 - Childhood Immunization Status

**ACIP and Bright Future Guidelines*

- Denominator
 - » Children who turn 2 years of age during the year
- Numerator
 - » Vaccines for DTaP, IPV, MMR, HiB, HepB, and VZV on or before the child's second birthday
- Exclusions
 - » Vaccines administered prior to 42 days after birth
 - » Contraindications clearly documented



Performance Measures

- Preventive Measures

- Immunizations for Adolescents

- *ACIP and Bright Futures guidelines

- Denominator

- » Adolescents (Male and Female) who turn 13 years of age during the year

- Numerator

- » At least one **Meningococcal conjugate** vaccine between 11th and 13th birthday

- » At least one **tetanus, diphtheria toxoids and acellular pertussis** vaccine on between 10th and 13th birthdays

- » At least three **HPV** vaccines on different dates between 9th and 13th birthdays

- Exclusions

- » Contraindications clearly documented

Performance Measures



- Quality Measures

- Medication Management for People with Asthma (MMA)

- Denominator

- » 5-64 years of age during the measurement year
 - » One of the following in the measurement year and one in the year prior to the measurement year
 - ED visit with asthma diagnosis
 - Inpatient stay with asthma diagnosis
 - Four (4) outpatient visits with two (2) asthma medications dispensed
 - Four (4) asthma medication dispensing events

- Numerator

- » Members who achieved a proportion of days covered of at least 75%
- (continued)



Performance Measures



- Quality Measures

- MMA (continued)

- *Proportion of days covered

Total days covered by a controller medication in the treatment period
Total days in treatment period

*Total days covered equals the remaining number of days in the year from the date the first prescription is filled

- Exclusions

- » Emphysema, COPD, Cystic Fibrosis, Acute Resp. Failure, Chronic Resp. Conditions due to Fumes/Vapors



Performance Measures



- Quality Measures

- Appropriate Testing for Children with Pharyngitis

- Denominator

- » 3 years of age by July 1 of the year prior to measurement year and 18 years of age by June 30 of measurement year
 - » Outpatient or ED visit with only a diagnosis of pharyngitis and a prescription for antibiotics

- Numerator

- » Those in denominator that had a group A streptococcus test

- Exclusions

- » Diagnosis other than Pharyngitis
 - » Antibiotics prescribed within 30 days prior to Pharyngitis diagnosis



Performance Measures

- Quality Measures
 - Comprehensive Diabetic Care
 - Denominator
 - » 18-75 years of age during the measurement year
 - » Diagnosis of diabetes or hypoglycemic/hyperglycemics dispensed the year prior to measurement year
 - Numerator-*5 separate numerators
 1. Hemoglobin A1c test
 2. HbA1c poor control (>9%)
 3. HbA1c control (<8%)
 4. Retinal eye exam
 5. Medical attention for nephropathy
 - Exclusions
 - » Gestational Diabetes or Steroid induced Diabetes



Performance Measures

- Quality Measures

- Controlling High Blood Pressure

- Denominator

- » 18-85 years of age during the measurement year
 - » Diagnosis or history of hypertension documented during the first six months of the measurement year

- Numerator

- » Blood pressure \leq 140/90 (18-59 years of age)
 - » Blood pressure \leq 140/90 (60-85 years of age with diabetes)
 - » Blood pressure \leq 150/90 (60-85 years of age without diabetes)

*most recent blood pressure reading during the measurement year and only by the PCP or treating specialty provider. Readings on the same day as a procedure cannot be included.

- Exclusions

- » End-stage renal disease, Pregnancy, Non-acute inpatient stay



Performance Measures



- Quality Measures
 - Annual Monitoring for Patients on Persistent Medications
 - Denominator
 - » 18 years and older during the measurement year
 - » 180 treatment days of ACE/ARB or
 - » 180 treatment days of Diuretics
 - Numerator
 - » Lab panel that include Potassium and Creatinine or
 - » Serum Potassium and Serum Creatinine
 - Exclusions
 - » Acute and non-acute inpatient encounter



Performance Measures



- Access/Availability
 - Prenatal Visit within the first trimester
 - Postpartum follow up visit 21-56 days after delivery
 - Annual Dental Visits for children ages 2 and older



Closing Gaps in Care



- Get patients in for Annual Wellness visits
 - Complete all preventive screening during the office visit if possible
 - Document all current, chronic and historical diagnosis annually in the medical record (to capture exclusions)
- Submit timely and accurate claims
- Put all diagnosis documented on a claim
 - Magnolia accepts up to 12
- Refer patients to Care Management for further follow-up when needed

Closing Gaps in Care



- Coding

- Conditions that go undocumented usually do not get treated
- Accurate coding is critical to value based incentive programs
- Use the HEDIS™ codes
- Put all diagnosis codes on claims

Why Should Providers Care?



- Provider specific scores are used as evidence of preventive care
- Rates serve as a basis for provider incentive programs
- Preventive care helps patients:
 - Live longer, healthier lives
 - Avoid or delay the onset of disease
 - Keep the disease they may already have from becoming worse or debilitating
 - Improves health outcomes



Value Based Payment Agreements



- Show real results with cost savings and quality outcomes such as:



Lower ER utilization



Increased wellness screenings



Increased adherence and immunization rates

Tools and Resources



- HEDIS™ Quick Reference Guides
- Coding Tip Sheet
- Provider Partnership Associates
 - Provider onsite 1:1 training and support
- Provider Web portal
- Care Management Department
- Member rewards for preventive care

Future of HEDIS™



- Electronic Clinical Data Systems (ECDS)
 - Electronic Health Record
 - Health Information Exchange/Clinical Registry
 - Electronic Pharmacy Systems
- WHY ECDS?
 - Increases the accuracy and validity of rates
 - Decreases cost and burden to providers

Take Aways

- Bring patients in for Annual Wellness visits
 - Close all care gaps during one visit if possible
- Document all current, chronic, and historical diagnosis annually in the medical record
- Put all diagnosis codes on your claims
- Submit claims timely and accurately
- **Coding is the key to success**
- You have Health Plan support
 - Provider Partnership Associate
 - Tools and Resources



Questions

